



Nutrition and Food Security Dialogue Series

Organized by
AKADEMIYA2063 and the Senegalese National Council for Nutrition Development (CNDN)

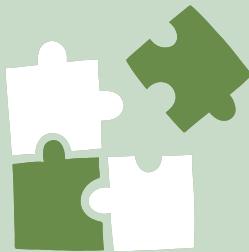
Dialogue 4: “Africa Rapid Urbanization and Growing Middle Class: Challenges and Opportunities to Achieving Healthier Diets and Optimal Nutrition”



Thursday October 06, 2022
13:00 - 14:30 (GMT)

Dialogue #4 allowed participants to review recent trends and patterns in urbanization, dietary changes, and the growing overweight and obesity levels in Africa. Participants also reflected on the causes and consequences of the shifts in dietary patterns as well as challenges and opportunities to achieving healthier diets and optimal nutrition. The dialogue explored the required priority actions including policy and regulatory options for urgently addressing malnutrition in all its forms and for promoting healthier diets and lifestyles especially in key sectors like health, agriculture, and urban planning.

CONCEPT
NOTE



DETAILED
AGENDA



KEY MESSAGES
&
RECOMMENDATIONS



VIDEO
RECORDING

